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SUBJECT WISE DISCUSSION
POLITY
By- Saikat Sir

Kolkata Police Physical Test - You must meet these criteria

Welcome to your ultimate resource for the Kolkata Police Physical Test! If you're prepared to pursue a fulfilling career in law enforcement through the WBPRB examination, you're in the right spot. Comprehending the eligibility criteria specifically the physical criteria is vital for a successful application, and in this blog post, we'll delve into the specific physical standards you must meet to pursue this esteemed career path.

Kolkata Police Physical Test - Physical Qualification

Meeting the Kolkata Police Physical Test is a prerequisite for applying to the Kolkata Police Physical Test SI Exam. Physical qualifications are a crucial component of the Kolkata Police eligibility criteria. Please refer to the table below for the specified standards for candidates.

Kolkata Police SI Physical Test

Category	Class	Weight (Kg)	Height (Cm)	Chest (Cm)
Sub Inspector of Police (Armed Branches in WB Police)	Gorkhas, Garhwali and Scheduled Tribes	54	163	81 with a minimum expansion of 5 cm.
	Other Categories	60	173	86 with a minimum expansion of 5 cm.
Sub Inspector (Unarmed Branches in WB Police)	Gorkhas, Garhwali and Scheduled Tribes	52	160	76 with a minimum expansion of 5 cm.
	Other Categories	56	167	79 with a minimum expansion of 5 cm.

If the candidates fulfill these criteria, they are eligible for the Physical Efficiency Test (PET).

Physical Efficiency Test for Male Candidates for the post of WB Police Sub Inspector: 800 meters run within 03 (three) minutes

Kolkata Police Constable Physical Test

Candidates who will be appearing for the Kolkata Police Constable recruitment exam 2024 must ensure to meet all the physical requirements such as height and weight mentioned in the Kolkata Police Constable Eligibility criteria for more info visit Kolkata Police Physical Test Constable Syllabus. Refer to the table below to know gender-wise PMT:

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Kolkata Police Physical Test: You must meet these criteria

Post	Category	Height (Barefoot) (in cm)	Weight (in Kg.)	Chest (in cm)
Male Constable	Candidates of all categories (except Gorkhas, Garhwalis, Rajbanshis and Scheduled Tribes)	167	57	78 cms. (without expansion) 83 cms. (with expansion - 5 cms.)
	Gorkhas, Garhwalis, Rajbanshis and Scheduled Tribes	160	53	76 cms. (without expansion) 81 cms. (with expansion - 5 cms.)
Lady Constable	Candidates of all categories (except Gorkhas, Garhwalis, Rajbanshis and Scheduled Tribes)	160	49	Not Applicable
	Gorkhas, Garhwalis, Rajbanshis and Scheduled	152	45	

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Physical Efficiency Test (PET)

Candidates who meet the physical standards in PMT will be moved on to the Physical Efficiency Test (PET), where they will be required to do some tasks controlled by the Commission, and if they fail to do so, they will be rejected on the spot. The Physical Efficiency Test for Male and Female Candidates is as follows:

Post	Event for PET	Timing
Male Constable	1600 (sixteen hundred) meters distance run	6 (six) minutes 30 (thirty) seconds
Lady Constable	800 (eight hundred) meters run	4 (four) minutes 30 (thirty) seconds

Now that you understand the Kolkata Police Physical Test, let's proceed to discuss the additional eligibility criteria required for the Kolkata Police exam 2024.

Kolkata Police Physical Test - SI Eligibility Criteria

The Kolkata Police Eligibility Criteria 2024 encompass educational requirements, age limits, nationality, along with physical standards. These strict criteria are designed to ensure that you possess the necessary abilities and skills to competently handle the responsibilities associated with these prominent positions.

- **Age Limit:** To qualify for Kolkata Police SI posts, your age must be between 20 and 27 years. Your date of birth, as stated in your Madhyamik or equivalent admit card/certificate, will be the sole valid proof for age verification.
- **Citizenship:** To qualify for Kolkata Police SI 2024 recruitment, you must be an Indian citizen and possess valid government-issued documents.
- **Language:** The applicant must be able to speak, read, and write Bengali. This regulation does not apply to permanent residents of the hill sub-divisions of Darjeeling and Kalimpong districts. Applicants for hill subdivisions in Darjeeling and Kalimpong District must follow the West Bengal Official Language Act of 1961.
- **Educational Qualification:** To be eligible for the Kolkata Police SI Recruitment 2024 exam, you must possess a bachelor's degree in any discipline from a recognized university or its equivalent.

We'll look at the prerequisites for nationality, educational credentials, and, most importantly, the Kolkata Police Physical Test 2024. Are you ready to open the door to your ideal career? Let's delve in and discover the necessities, such as Kolkata Police Physical Test 2024!

Kolkata Police Constable - Eligibility Criteria

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Age Limit:

- Minimum Age Requirement: The applicant must be at least 18 years old on January 1, 2024.
- The applicant's maximum age limit is 30 (thirty) years as of January 1, 2024.

Age Relaxation: Certain categories are eligible for relaxation in the upper age limit:

- Scheduled Castes and Tribes Candidates: The upper age limit can be reduced by 5 years.
- Other Backward Classes—A and B Candidates: The upper age limit can be reduced by three years.
- Third Gender/Transgender People: The upper age limit can be reduced by three (3) years.
- Civic Volunteers: The upper age limit can be relaxed by 5 years.

We'll look at the prerequisites for nationality, educational credentials, and, most importantly, the Kolkata Police Physical Test 2024. Are you ready to open the door to your ideal career? Let's delve in and discover the necessities, such as Kolkata Police Physical Test2024!

Educational Qualifications:

Let's look at the educational requirements for the Kolkata Police Constable Exam 2024. Strap on, because the criteria for the post you're interested in may surprise you!

- Applicants must have completed the West Bengal Board of Secondary Education's Madhyamik Examination or its equivalent, which gives a sound educational foundation for the upcoming responsibilities.
- Applicants must be able to read, write, and speak Bengali; however, this provision does not apply to permanent residents of the hill sub-divisions of Darjeeling and Kalimpong districts.

Furthermore, for more details, you can refer to our blog related to Eligibility Criteria.

Kolkata Police Physical Test SI - Post and Salary

The wage range for a West Bengal Police SI is between Rs 32,100 and Rs 82,900, with a grade pay of Rs 3,900. They receive paid based on pay band 3. Kolkata Police SI receives a few additional incentives and allowances. Check the Kolkata Police SI Salary and Post Details for 2024. Learn about in-hand pay, perks and allowances, professional growth and promotion, and different job profiles and responsibilities.

- Kolkata Police SI can earn anything from 0.4 lakhs to 6 lakhs per year, depending on their profession. With all of the extra advantages and allowances, the yearly income is roughly 3.5L.
- Employees will, however, be required to serve a two-year probation period. Employees will only receive the basic salary throughout these two years, with no allowances. As a result, employees are only eligible to receive allowance benefits after their probationary period has ended.
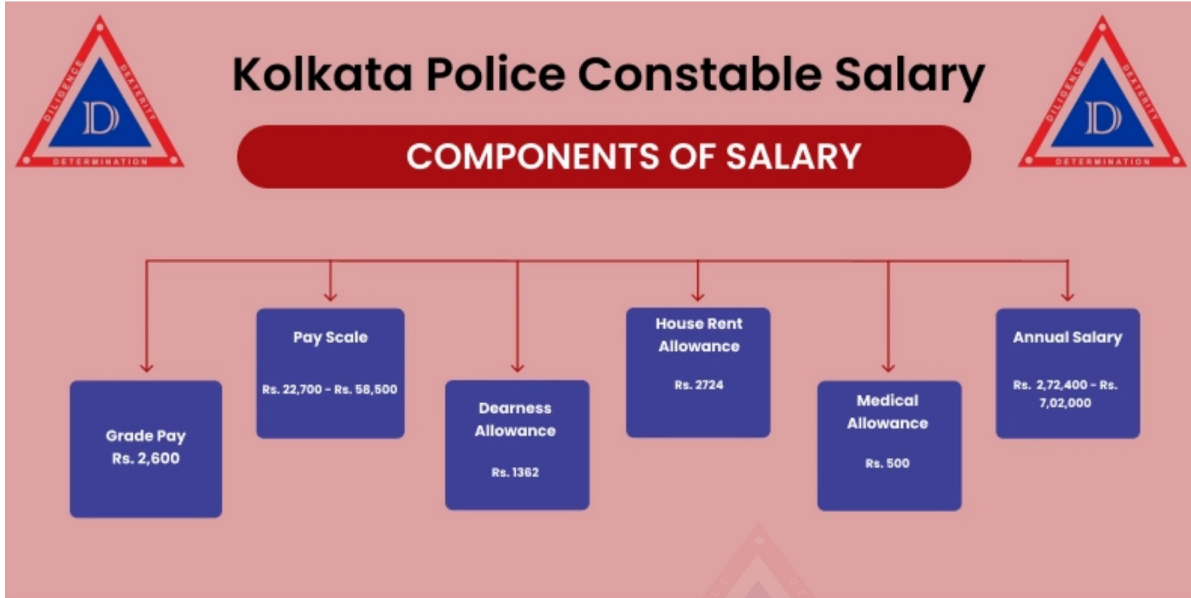
The pay scale for the West Bengal Police Department Apart from this base salary, employees are also eligible for several additional benefits, such as

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Kolkata Police SI Salary Structure	
Recruitment Body	West Bengal Police Recruitment Board (WBPRB)
Name of the Post	Sub Inspector of Police (SI)
Pay Scale	Rs.32,100 – 82, 900
Pay Band	3
Other Allowances	• Medical Allowances • House Rent Allowances • Child Education Allowances • Higher Allowances • Dearness Allowances • Travelling Allowances • Pension • Earned Leave

Kolkata Police Physical Test Constable - Post and Salary

Interested in knowing the anticipated monthly CTC (cost to the company) for the Kolkata Police Constable position? Let's break down the various elements to provide you with a better understanding:

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Kolkata Police Constable Salary

COMPONENTS OF SALARY

- Grade Pay Rs. 2,600
- Pay Scale Rs. 22,700 – Rs. 58,500
- Dearness Allowance Rs. 1362
- House Rent Allowance Rs. 2724
- Medical Allowance Rs. 500
- Annual Salary Rs. 2,72,400 – Rs. 7,02,000

[Source: The Dhronas]

The salary range for Kolkata Police Constables will be between Rs. 22,700 and Rs. 58,500. Additionally, a grade pay of Rs. 2,600 will be included in the salary.

- You will be eligible for a grade pay of Rs. 2,600 in addition to the specified pay scale i.e. Rs. 22,700 to Rs. 58,500. Hence, the estimated salary-in hand will be around Rs, 25,774. This total amount includes several additional allowances such as HRA, MA, and DA. Let's analyze these specific allowances to provide a clearer understanding:

  ◦ Dearness Allowance: Rs. 1362/-
  ◦ House Rent Allowance: Rs. 2724/-
  ◦ Medical Allowance: Rs. 500/-

With this, we have concluded with our blog post, on Kolkata Police Physical Test. Ensure you fulfil these criteria along with other requirements before applying for the Kolkata Police Physical Test. Also, The Dhronas is here to guide you with all types of governmental exam-related updates. For more such information, visit our website.